

\$3.00 Suggested Donation

March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p>	<p>Thank You for your Donations!</p>	<p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.</i> March SALAD OPTION: Southwest Salad Entrée Seasoned Chicken/Black Beans/Corn/Tomato/Lettuce/Dressing <i>Starts Monday, March 4 2019</i></p>		<p>1 Vegetable Soup BBQ Chicken Leg Baked Beans Cole slaw Apricots Whole Grain Bread <i>(Meat Loaf on Whole Grain)</i></p>
<p>4 Lentil Soup Chicken w/Lemon Sauce Roasted Red Potatoes Asparagus Cuts Pudding Roll <i>(Kielbasa on a Roll)</i></p>	<p>5 Mardi Gras Celebration Kale & Bean Soup Turkey w/Gravy Stuffing Roasted Brussel Sprouts Applesauce Pumpnickel Bread <i>(Pastrami /Swiss on Pumpnickel)</i></p>	<p>6 Butternut Squash Soup Baked Fish w/Tomato & Onion Baked Potato w/Sour Cream Vegetable Blend Fresh Fruit Oatmeal Bread <i>(Roast Beef on Oatmeal Bread)</i></p>	<p>7 Chicken Soup Beef Tips w/Mushrooms Rice Pilaf Green Beans Cookie Marble Bread <i>(Shrimp Salad on Marble)</i></p>	<p>8 Red Chowder Beer Battered Fish w/Tartar Sauce Roasted Potatoes Cole Slaw Diced Pears Wheat Bread <i>Chicken Salad on Wheat)</i></p>
<p>11 100%Orange Juice Turkey Sausage Scrambled Eggs Tomato Slice Greek Yogurt Roll <i>(Ham/Prov. on Roll w/ Tomato)</i></p>	<p>12 Tomato Soup Roast Pork Loin w/Gravy Mashed Potatoes Mixed Vegetables Fresh Fruit Marble Bread <i>(Turkey Swiss on Marble)</i></p>	<p>13 Black Bean Soup Fiesta Lime Chicken Spanish Rice Peppers & Onions Fruit Cocktail Tortilla <i>(Italian Grinder)</i></p>	<p>14 Escarole & Bean Soup Lasagna Rollup/sauce Roasted Cauliflower Pudding Italian Bread <i>(Salami & Provolone on Italian)</i></p>	<p>15 St. Patrick's Celebration No Blackstone Lunch Corn Beef & Cabbage Or Baked Fish Dinner Bread & Butter Coffee/Tea & Dessert \$12 Per Person Purchase Tickets at Front Desk Deadline March 8th</p>
<p>18 Beef Barley Soup Airline Chicken Baked Sweet Potato Mixed Vegetable Diced Peaches Wheat Roll <i>(Meatball Sub)</i></p>	<p>19 St. Joseph's Celebration No Blackstone Lunch Salad Chicken Parmesan Pasta & Sauce Bread & Butter Coffee/Tea & Dessert \$12 Per Person Purchase Tickets at Front Desk Deadline March 8th</p>	<p>20 Egg Drop Soup Sweet & Sour Pork Fried Rice Oriental Blend Vegetables Mandarin Oranges Roll <i>(Corned Beef on a Roll)</i></p>	<p>21 Low Sodium V-8 Juice Turkey Chili Corn Bread Roasted Broccoli Cuts Frosted Cup Cake Roll <i>(Ham Salad on a Roll)</i></p>	<p>22 Onion Soup w/CROUTONS Tuna Noodle Casserole Vegetable Blend Chocolate Pudding Rye Bread <i>(Egg Salad on Rye)</i></p>
<p>25 Turkey and Brown Rice Soup American Chop Suey Whole Grain Pasta Zucchini Fruit Bar Italian Bread <i>(Tomato & Mozzarella on Italian)</i></p>	<p>26 Chicken Escarole Soup Baked Ham w/ Pineapple Sweet Potato Green Beans Pears Wheat Bread <i>(Buffalo Chicken Salad on Wheat)</i></p>	<p>27 Cream of Broccoli Soup Italian Style Chicken Cutlet Baked Tomato Half Garlic mashed Tapioca Pudding Marble Bread <i>(Italian Tuna on Marble)</i></p>	<p>28 Minestrone Soup Swedish Meatballs Buttered Noodles Sliced Carrots Fresh Fruit Rye Bread <i>(Corned Beef on Rye)</i></p>	<p>29 Red Chowder Seafood Casserole Mashed Potato Winter Blend Vegetables Ice Cream Roll <i>(Hamburger on a Roll)</i></p>