

North Providence Mancini Center

Two Atlantic Boulevard ~ North Providence, RI 02911

401-231-0742 | www.mancinicenter.com

Weekly Program Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Stretch & Tone 9:00 AM	Tai Chi 9:00 AM	Forever Fit 9:00 AM	Aqua Zumba *NP Pool & Fitness Ctr 9:30 AM	Bone Building 9:00 AM
Bone Building 10:00 AM	Mah Jongg 12:30 PM	Quilting 101 9:30 AM	Arts, Crafts, Painting & More 10:00 AM	Mat Yoga 10:00 AM
Painting w/ Mickey 10:00 AM	Create Your Masterpiece 12:30 PM	Chair Yoga 9:30 AM	Play Bridge 12:30 PM	Zumba Gold & Tone 10:30 AM
Mah Jongg 12:30 PM	Arthritis Exercise 1:00 PM	Arthritis Exercise 10:00 AM	Hi Lo Jack League 1:00 PM	Mah Jongg 12:30 PM
Hi Lo Jack League 1:00 PM	Hi Lo Jack League 1:00 PM	Hi-Lo Jack Free Play 10:30 AM	Stamp Collecting Club 1:00 PM	
Michigan Rummy 1:00 PM	Scrabble 1:00 PM	Meditation 10:30 AM	Chorus 2:00 PM	
Zumba Gold 1:00 PM	SilverSneakers 2:00 PM	Chair Yoga 11:00 AM	Zumba Gold 5:30 PM	
Line Dancing 2:00 PM	Learn Spanish 5:00 PM	Mah Jongg Free Play: 12:30 League: 1:00		
	Evening Bingo 6:00 PM	Poker League 1:00 PM		
		Book Club 1:00 PM *Last Wed of month		

Billiards Room open for free play during normal business hours.

Gym open Monday - Friday at 9:00 AM