

**\$3.00 Suggested Donation**

# March 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Butternut Squash Soup  <b>Chicken Marsala</b>            Seasoned Brown Rice            Broccoli Cuts            Diced Pears            Multi Grain Bread</p> <p><i>(Turkey &amp; Cheese on Multi Grain)</i></p>	<p><b>3</b> 100% Orange Juice  <b>Cheese Omelet w/ Sliced Tomato</b>            Turkey Sausage            French Toast w/Low Sugar Syrup            Greek Yogurt</p> <p><i>(Ham Salad on Rye w/Side Salad)</i></p>	<p><b>4</b> Egg Drop Soup  <b>Orange Glazed Chicken</b>            Egg Roll            Asian Blend Vegetables            Applesauce            Oatmeal Bread</p> <p><i>(Tuna on Oatmeal)</i></p>	<p><b>5</b> Chicken Escarole Soup  <b>French Meat Pie w/Ketchup</b>            Green Beans            Frosted Cupcake            Pumpernickel Bread</p> <p><i>(Chicken Salad on Pumpernickel)</i></p>	<p><b>6</b> Red Chowder  <b>Seafood Casserole</b>            Rice Pilaf            Broccoli Cuts            Fresh Fruit            Wheat Bread</p> <p><i>(Italian Grinder)</i></p>
<p><b>9</b> Barley Soup  <b>Veal w/Mushroom Gravy</b>            Mashed Potatoes            Spinach            Ice Cream            Wheat Bread</p> <p><i>(Chicken Salad on Wheat )</i></p>	<p><b>10</b> Chicken Vegetable Soup  <b>Pork Loin w/ Applesauce</b>            Brown Rice            Green Beans            Sliced Peaches            Dinner Roll</p> <p><i>(Egg Salad on Rye)</i></p>	<p><b>11</b> Italian Wedding Soup  <b>Meatballs w/Sauce</b>            Pesto Pasta            Italian Blend Vegetables            Tapioca Pudding            Italian Bread</p> <p><i>(Turkey Salad on Italian)</i></p>	<p><b>12</b> Onion Soup  <b>Roast Turkey w/Gravy</b>            Corn Bread Stuffing            California Blend Veggies            Fruit Bar            Marble Bread</p> <p><i>(Pastrami &amp; Swiss on Marble)</i></p>	<p><b>13</b> Tossed Salad  <b>Baked Fish w/Crumb Topping</b>            Butternut Squash            Prince Edward Blend Vegetables            Pudding            Multi Grain Bread</p> <p><i>(Low Sodium Hot Dog on Bun)</i></p>
<p><b>16</b> Beef Barley Soup  <b>Airline Chicken</b>            Baked Sweet Potato            Mixed Vegetable            Diced Peaches            Wheat Roll</p> <p><i>(Meatball Sub)</i></p>	<p><b>17</b> Split Pea Soup  <b>Corned Beef w/ Mustard</b>            Boiled Potato            Carrot &amp; Cabbage Mix            Lime Jello            Irish Soda Bread</p> <p><i>(Tuna on Rye)</i></p>	<p><b>18</b> Tomato &amp; Brown Rice Soup  <b>Chicken w/Artichoke, Roasted Red Peppers in Lemon Sauce</b>            Oven Roasted Potatoes            Mixed Vegetables            Italian Ice            Whole Wheat Bread</p> <p><i>(Meatloaf on Whole Wheat )</i></p>	<p><b>19 ST. JOSEPH'S DAY CELEBRATION</b>  <b>\$10.00 Per Person</b>  <b>Purchase Tickets at Front Desk</b>  <b>Deadline March 13th</b></p> <p style="text-align: center;"> <b>Soup</b>  <b>Chicken Parmigiana</b>  <b>Pasta &amp; Sauce</b>  <b>Bread &amp; Butter</b>  <b>Dessert &amp; Coffee/Tea</b> </p>	<p><b>20</b> Clear Chowder  <b>Potato Crunch Fish w/Tartar Sauce</b>            Au Gratin Potatoes            3-Bean Salad            Sliced Pears            Wheat Bread</p> <p><i>(Roast Beef &amp; Cheese on Wheat)</i></p>
<p><b>23</b> Turkey &amp; Brown Rice Soup  <b>Pot Roast w/Gravy</b>            Mashed Potatoes            Broccoli            Pudding            Wheat Dinner Roll</p> <p><i>(Egg Salad on a Bulky Roll)</i></p>	<p><b>24</b> Vegetable Soup  <b>Beef Wellington w/ Ketchup</b>            Lyonnaise Potatoes            Roasted Zucchini            Fruit Cocktail            Rye Bread</p> <p><i>(Corned Beef &amp; Swiss on Rye)</i></p>	<p><b>25</b> Pasta &amp; Bean Soup  <b>Stuffed Pepper w/ Sauce</b>            Brown Rice            Baby Carrots            Mandarin Oranges            Wheat Bread</p> <p><i>(Turkey &amp; Cheese on Wheat)</i></p>	<p><b>26</b> Lentil Soup  <b>Veal Cutlet w/Marinara Sauce</b>            Seasoned Whole Grain Ziti            Italian Blend Vegetables            Frosted Brownie            Italian Bread</p> <p><i>(Salami w/Provolone &amp; Mustard on Italian)</i></p>	<p><b>27</b> Red Chowder  <b>Seafood Salad</b>            Chic Pea Salad            Cole Slaw            Fresh Fruit            Multi Grain Bread</p> <p><i>(Chicken Salad on Multi Grain)</i></p>
<p><b>30</b> Chicken Escarole Soup  <b>Baked Ham w/ Pineapple</b>            Sweet Potato            Green Beans            Pears            Wheat Bread</p> <p><i>(Buffalo Chicken Salad on Wheat)</i></p>	<p><b>31</b> Vegetable Soup  <b>Italian Style Chicken Cutlet</b>            Wild Rice            Stewed Tomatoes            Apricot Halves            Oatmeal Bread</p> <p><i>(Seafood Salad on Oatmeal)</i></p>	<p style="text-align: center;"><b>Salad of the Month</b>            Tuna, Olives,            Tomato, Cucumber,            Lettuce Blend &amp;            Light Italian Dressing  <b> Begins Monday, March 2</b></p>	<p style="text-align: center;"><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.</i></p>	<p>Funded in part by the US Administration on Aging and state funds by the Rhode Island Department of Elderly Affairs</p>