

# *North Providence Mancini Center*

*Two Atlantic Boulevard ~ North Providence, RI 02911*

*401-231-0742 | [www.mancinicenter.com](http://www.mancinicenter.com)*

## **Weekly Program Schedule**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>BoneBuilders w/Peter 10:00 AM</b>	<b>Tai Chi w/Bob 9:00 AM</b>	<b>Forever Fit w/Sue 9:00 AM</b>	<b>Strength Matters w/Sue 9:00 AM</b>	<b>Mat Yoga w/Amy 10:00 AM</b>
<b>Mat Yoga w/Amy 11:00 AM</b>	<b>Cardio Strength Training w/Lisa 10:00 AM</b>	<b>Quilting w/Elaine 9:30 AM</b>	<b>Zumba w/Sue 10:00 AM</b>	<b>Mah Jongg Free Play 1:00 PM</b>
<b>Zumba w/Fran 1:00 PM</b>	<b>Hookers Delight (Crochet) 10:00 AM</b>	<b>Arthritis Exercise w/Sue 10:00 AM</b>	<b>BoneBuilders w/Peter 11:00 AM</b>	<b>Mexican Train Dominoes 1:00 PM</b>
<b>Hi Lo Jack Free Play 1:00 PM</b>	<b>Forever Fit w/Sue 11:30 AM</b>	<b>Meditation w/Mary 11:00 AM</b>	<b>Beginners Line Dancing w/Fran 12:30 PM</b>	<b>ROC Steady w/Lisa 1:15 PM</b>
<b>Mah Jongg Free Play 1:00 PM</b>	<b>Arthritis Exercise w/Maria 1:00 PM</b>	<b>Tai Chi w/Karl 11:00 AM</b>	<b>Stamp Club 1:00 PM</b>	
<b>Michigan Rummy 1:00 PM</b>	<b>Captivating Canvases 1:00 PM</b>	<b>Bocce 1:00 PM</b>	<b>Cardio Strength Training w/Lisa 1:30 PM</b>	
<b>Line Dancing w/Fran 2:00 PM</b>	<b>Hi Lo Jack League 1:00 PM</b>	<b>Sit Fit &amp; Strong w/Fran 1:00 PM</b>		
	<b>Scrabble 1:00 PM</b>	<b>Mah Jongg Free Play 1:00 PM</b>		
		<b>Poker League 1:00 PM</b>		

\*Billiards Room is open for Free Play Monday through Friday from 9:00 AM to 3:00 PM.

\*Fitness Center is open Monday through Friday from 9:00 AM to 3:00 PM. **Reservation required.**